



ADVANCED FIRST AID

Course Aim

Course content is adapted to cater for specific industrial or organizational requirements and conforms to the relevant International requirements

Course Content

The course content is based on a general approach to first aid with greater emphasis on topics appropriate to the working environment, providing training, information and techniques aimed at providing first responder and self-rescue skills.

- Principles of First Aid
- Basic Human Anatomy and Function
- Infection Control - BSI
- Casualty Assessment and Examination
- The Unconscious Casualty
- Cardio-Pulmonary Resuscitation
- Choking
- Heart Related Problems
- Breathing Disorders
- Burns And Scalds
- Bleeding
- Soft Tissue Injuries
- Fracture and Dislocation
- Shock
- Eye Injuries
- Head Injuries
- Spinal Injuries
- Chest Injuries
- Abdominal Injuries
- Common Medical Emergencies
- Seizures
- Diabetes
- Environmental Exposure
- Poisons, Bites And Stings

ADDITIONAL TOPICS COVERED DURING THE ADVANCED SENIOR FIRST AID COURSE.

- Lifting and Moving Casualties
- Management with multiple casualties
- Bloodborne Pathogen
- Use of Oxygen
- Drug overdose
- Faints

Competency

Participants are required to pass an assessment of practical skills and a written or verbal examination of theory.

Course Duration

The course is conducted over three (3) days.

Method of Training

Conducted in a clean and tidy classroom environment with practical and theory periods. The course content is based on a general approach to first aid with greater emphasis on topics appropriate to the working environment, providing training, information and techniques aimed at providing first responder and self-rescue skills.