



## Course Outline

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# (901) - BASIC FIRST AID

## COURSE AIM

To provide personnel with the knowledge and skills so that they can take immediate action upon encountering an accident or other medical emergency in a shipboard environment.

## COURSE CONTENT

On completion of this activity, participants will be able to demonstrate a competence in the theory and practice of the following:

- Have an appreciation of the basic body structure and its functions
- Make an assessment of the needs of casualties and threats to their own safety
- Have an understanding of immediate measures to be taken in cases of emergencies including the ability to:
  - Position the casualty
  - Apply resuscitation techniques
  - Control bleeding
  - Apply appropriate measures of basic shock management
  - Apply appropriate measures in the event of burns and scalds, including electrical, and chemical burns
  - Apply rescue and transport of a casualty technique
  - Improvise bandages and use materials in an emergency kit
  - Knowledge of basic fracture immobilisation techniques

## COMPETENCY

To be awarded a certificate in Basic First Aid in accordance with the requirements of international standards participants must;

- demonstrate the correct techniques and procedures on a mannequin or person of the following skills:
  - how to safely approach a victim
  - Control bleeding
  - Improvise splints
  - how to safely transport a victim
  - conduct a primary survey
  - Treat burns
  - Use contents of a first aid kit
  - conduct a primary survey

## PRE REQUISITE

There are no pre-requisites to attend this course.

## COURSE DURATION

This course is conducted over one (1) day

## METHOD OF TRAINING

Theory and practical periods conducted in a classroom environment plus associated equipment.