



Course Outline

Offshore Safety Training Centre
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605 – OFFSHORE SAFETY & SURVIVAL ELEMENTARY FIRST AID

COURSE AIM

To provide seafarers with the knowledge and skills so that they can take immediate action upon encountering an accident or other medical emergency in a shipboard environment.

COURSE CONTENT

On completion of this activity, participants will be able to demonstrate a competence in the theory and practice of the following:

- Have an appreciation of the basic body structure and its functions
- Make an assessment of the needs of casualties and threats to their own safety
- Have an understanding of immediate measures to be taken in cases of emergencies including the ability to:
 - Position the casualty
 - Apply resuscitation techniques
 - Control bleeding
 - Apply appropriate measures of basic shock management
 - Apply appropriate measures in the event of burns and scalds, including electrical, and chemical burns
 - Apply rescue and transport of a casualty technique
 - Improvise bandages and use materials in an emergency kit
 - Knowledge of basic fracture immobilisation techniques

COMPETENCY

To be awarded a certificate in Elementary First Aid in accordance with the requirements of the STCW 95 Code, delegates will successfully complete the following;

- demonstrate the correct techniques and procedures on a mannequin or person of the following skills:
 - how to safely approach a victim
 - conduct a primary survey

PRE REQUISITE

There are no pre-requisites to attend this course.

COURSE DURATION

This course is conducted over two (2) days.

METHOD OF TRAINING

Theory and practical periods conducted in a classroom environment plus associated equipment.