



Course Outline

Offshore Safety Training Centre
Vung Tau City, Vietnam
Tel : (84) 64 551098
Fax : (84) 64 612699
Email : enquiries@seatagoffshore.com
Website: www.seatagoffshore.com

602– OFFSHORE SAFETY & SURVIVAL

FURTHER OFFSHORE SAFETY & EMERGENCY TRAINING (F.O.S.E.T)

COURSE AIM

To provide participants who have previously attended the three day BOSIET with two days refresher training. The focus of this training is to update and refresh personnel on the actions to take in emergencies that may be encountered offshore or during helicopter flights. The course covers HUET, practical fire fighting and escape, practical first aid response including CPR, practical abandonment, sea survival and rescue training.

COURSE CONTENT

On completion, participants will have completed key emergency response theory and practical training so as to demonstrate competence in the following disciplines:

- Helicopter safety and personal emergency drills
 - Helicopter emergency landings – Surface abandonment and underwater escape
 - Abandonment techniques, sea survival skills and rescue techniques
 - Basic Fire Fighting – using fire blankets, fire extinguishers, hose reels on A B C and E class fires
 - Practical escape from a hot, dark smokey environment wearing escape apparatus
 - Basic first aid – Including body systems, DRABC, EAR, CPR and contents of a first aid kit
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| • Introduction to offshore safety management systems. | • Survivor rescue techniques including climbing scramble nets and helicopter winching |
| • Actions to take in emergencies | • Basic Fire Fighting theory |
| • Living and working offshore | • Practical uses of fire extinguishers, hose reels and fire blankets |
| • Correct use of various personal Life Saving Apparatus | • Theory plus practical escape through smoke, heat and darkness |
| • Deployment of life rings and associated equipment | • Basic Life Support - DRABC |
| • Modes of Evacuation | • Expired Air Resuscitation and Cardio Pulmonary Resuscitation. |
| • Lifeboat procedures | • Bleeding control and shock management |
| • Boarding life rafts or buoyant apparatus | • Hazards of Helicopter Over water Operations |
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- Safely Entering Water From Height
- Water Survival skills and techniques
- Safe helicopter operations - Pre ditching drills
- Surface abandonment and Underwater Escape drills

COMPETENCY

Participants are required to pass an assessment of practical skills and a written or verbal examination of theory.

PRE REQUISITE

Participants should have successfully completed a BOSIET course within the last three years

All personnel must hold a valid and current medical certificate in accordance with:

If non marine industry personnel - Industry Standards.

If marine industry personnel - As per-SOLAS chapter 9.

COURSE DURATION

This course is conducted over Two (2) days

METHOD OF TRAINING

Utilising training centre classrooms, swimming pool, METS simulator (HUET), fire ground and smoke house facilities.