



Course Outline

Offshore Safety Training Centre
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404 - MARINE SAFETY & SURVIVAL (STCW95)

STCW95 ELEMENTARY FIRST AID

COURSE AIM

To provide seafarers with the knowledge and skills so that they can take immediate action upon encountering an accident or other medical emergency in a shipboard environment.

COURSE CONTENT

On completion of this activity, participants will be able to demonstrate a competence in the theory and practice of the following:

- Have an appreciation of the basic body structure and its functions
- Make an assessment of the needs of casualties and threats to their own safety
- Have an understanding of immediate measures to be taken in cases of emergencies including the ability to:
 - Position the casualty
 - Apply resuscitation techniques
 - Control bleeding
 - Apply appropriate measures of basic shock management
 - Apply appropriate measures in the event of burns and scalds, including electrical
 - and chemical burns
 - Apply rescue and transport of a casualty technique
 - Improvise bandages and use materials in an emergency kit
 - Knowledge of basic fracture immobilisation techniques

COMPETENCY

To be awarded a certificate in Elementary First Aid in accordance with the requirements of the STCW 95 Code, delegates will successfully complete the following;

- demonstrate the correct techniques and procedures on a mannequin or person of the following skills:
 - how to safely approach a victim
 - conduct a primary survey

PRE REQUISITE

There are no pre-requisites to attend this course.

COURSE DURATION

This course is conducted over two (2) days.

METHOD OF TRAINING

Theory and practical periods conducted in a classroom environment plus associated equipment.