



Course Outline

Offshore Safety Training Centre
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402 - MARINE SAFETY & SURVIVAL (STCW95)

STCW 95 PERSONAL SURVIVAL TECHNIQUES

COURSE AIM

To provide seafarers with the knowledge necessary and skills so that they can take immediate action when confronted by an emergency situation which may threaten their personal survival, such as collision, fire, foundering and ship abandonment.

COURSE CONTENT

On completion of this activity, participants will be able to demonstrate a competence in the theory and practice of the following:

- Types of life-saving appliances normally carried on ships
- Equipment in Survival Craft
- Location of personal life-saving appliances
- Principles concerning survival at sea including:
 - Value of training and drills
 - Personal Protective Clothing and Equipment (PPE)
 - The need to be prepared for any emergency
 - Actions to be taken when called to survival craft stations
 - Actions to be taken when required to abandon ship / offshore installation
 - Actions to be taken when in the water
 - Actions to be taken when aboard a survival craft (life raft etc.)
 - Main dangers to survivors
 - Rescue Techniques

COMPETENCY

Participants are required to pass an assessment of practical skills and a written or verbal examination of theory.

PRE REQUISITE

Seafarers are required to be medically fit as per Regulation 1/9 of STCW95.

COURSE DURATION

This course is conducted over two (2) days.

METHOD OF TRAINING

Classroom theory sessions followed by practical periods. Resource requirements are classroom and associated equipment and access to a swimming pool, lake or sea.