



## Course Outline

Offshore Safety Training Centre  
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### **302 - ONSHORE FIREFIGHTING**

## **FIRE FIGHTING - BASIC**

### **COURSE AIM**

To provide participants with the knowledge, skills, and confidence to respond appropriately to a fire emergency and provide the knowledge for the proper use of emergency equipment and procedures to enhance their survival in a fire emergency.

### **COURSE CONTENT**

On completion, participants will be able to demonstrate competence in the theory and practice of the following:

- The combustion process.
- Fire behaviour.
- Use of portable fire fighting equipment.
- Self rescue techniques.
- Introduction to Self Contained Breathing Apparatus (SCBA).

### **COMPETENCY**

Participants are required to pass an assessment of practical skills and a written or verbal examination of theory.

### **PRE REQUISITE**

Participants must be **medically cleared** prior to attending this course

### **COURSE DURATION**

This course is conducted over one (1) day

### **METHOD OF TRAINING**

Initial theory sessions to cover fire chemistry and emergency equipment. Practical use of portable fire extinguishers and smoke escape procedures.